

Dear Parents,

We are committed to making Kayitz 2021 safe & healthy for your children at Camp Ramah in the Poconos and Ramah Day Camp.

There are new challenges this summer as we continue to plan for camp during the COVID-19 pandemic and we need everyone to carefully complete all of their child's required medical forms.

Please read the following information carefully and sign into your [CampInTouch account](#), to find the following medical items that have now been uploaded for your completion:

1. ONLINE Health History
2. Authorization/Insurance Form
3. Immunization Record
4. Physician's Exam

PLEASE NOTE:

There is NO need to wait for your child's physical exam in order to complete the online health history or upload their immunization record or the authorization/insurance information.

Online Health History:

- Only available online
- There is no option to download, print and complete this form
- If your child attended Ramah Poconos or Ramah Day Camp in the past, the online Health History should re-populate with previous info
- *It is imperative to your child's health & safety that you remove information that is no longer applicable & add any new information.*
- **Input EVERY medication, vitamin or supplement your child will take at camp**, regardless if it is going thru CampMeds or not. Include nasal sprays, eye drops, powders, allergy meds, epinephrine autoinjectors etc. EVERYTHING. We check medications that come in against the Online HH list.
- **If there are changes from the time you complete the online health history and the start of camp, you must sign back in and update the online health history (new meds, new conditions, new concerns).** We are notified that you have updated the form and will print out the newest edition.
- This document is what camp health professionals will review first when caring for your child and this is what is sent out of camp with them in an emergency. Up to date, correct information is essential.

Authorization/Insurance Form:

- We must have a copy of your child's insurance card- FRONT & BACK.
- Use the downloadable form or just copy **the front and back of the insurance and Prescription cards** & upload to CampMinder
- ***The back of the card must be included***, as it is required by pharmacies and health care facilities, such as the ER.
- The copy of the card(s) **must be clear & legible** to prevent delay in treatment.

Immunization Record:

- Upload a legible copy of your child's immunization record.
- Most health care providers will give or email you a copy of the record.
- The record must include your child's name and the name of the practice.

- If you cannot obtain a copy, download, print and have your child's health care provider complete the template, *which requires a signature & stamp from the physician or Nurse Practitioner.*

Online Health History, Insurance/ Auth and Immunization Record Due: May 15, 2021

Physician's Exam:

- This form can be printed and completed by your child's physician or you may use a copy of the exam provided by the physician.
- **No physical exam prior to June 2020 will be accepted.**
- If your child has had any change in their health conditions since their last physical, we require an updated physical.
- **Do not upload an invalid, outdated exam as a placeholder.**
- If your child's physical is not able to be completed before May 15, 2021, email the health center staff with scheduled physical exam date.

Due: May 15, 2021

- The *Camp Ramah in the Poconos* overnight health center staff can be reached at marp@ramahpoconos.org
- The *Ramah Day Camp* health center staff can be reached at rdcnurse@gmail.com.

Authorization/Insurance, Immunization & Physician's Exam Forms must be completed and **uploaded in PDF format** to your [CampInTouch account](#).

If you are unable to upload them, please either fax to 215-885-8905 or **scan and email them to the *Camp Ramah in the Poconos* health center at marp@ramahpoconos.org or *Ramah Day Camp* health center at rdcnurse@gmail.com.

There will be HEALTH INFORMATION UPDATE form that will ask about COVID-19 illness and COVID-19 vaccination. Look for this required form in June 2021.

We thank you for being our partners in creating the healthiest summer possible for your child at Camp Ramah.

L'Shalom,

Rachel Dobbs-Schwartz
Director, Camp Ramah in the Poconos

Elana Rivel
Director, Ramah Day Camp

**We recommend using a free Scanning App (e.g. CamScanner, Genius Scan) on your phone to capture your information clearly, quickly and easily in PDF format to be uploaded, emailed, or faxed.

{Additional forms such as: Camper Request Forms, Special Concerns Forms, will be uploaded _____}